

## **The Next Six Day Challenge STAY CONNECTED**

Please download our APP titled "MTOCharge," which can be downloaded for "FREE" from the App store. Be sure to visit us on the web at [www.mtolivetcharge.org](http://www.mtolivetcharge.org) and please like us on Facebook @mtolivetcharge. Cut and Paste this portion to the end of the connection card and leave there permanently.

**\*Reminders:** If you are a visitor/guest, please complete the connection card that is attached to the bulletin, detach it and then place it in the offering plate when it comes around, we would love to connect and stay in touch with you.

**EASTER VIGIL:** This is brand new, and it will take a lot of volunteers from all three churches. Please sign-up to serve, see sign-up on clipboard or (Contact Dana Reid of Pastor Harold).

Pastor Harold and Suzie Long will host a group on Thursday nights, starting at 7:00 p.m., at Mt. Olivet. The Lenten Study starts for this group on Thursday, February 22, 2018. The Study will run from through Thursday, 03/29/2018 "Maundy Thursday." (It's not too late to join the study)

Please be sure to order these two book(s) for our Lenten Study: Five Marks of a Methodist-The Fruit of a Living Faith (Steven Harper) ISBN 13: 9781501800597 & Five Marks of a Methodist: Participant Character Guide (Wesley Discipleship Path Series) ISBN-13: 978-1501820267

- **\*FIRST THINGS FIRST**
- Today is National...
- Tongue Twister Contest Day:
- Betty bought a bit of butter.
- But the butter Betty bought was bitter.
- so Betty bought a better butter,
- and it was better than the butter Betty bought before.
- Let's All Eat Right Day
- Chocolate Covered Peanuts Day
- Clam Chowder Day (Your Pastor Loves Clam Chowder J)

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## \*Getting Started: 10 Fascinating Facts About Laughter

- Rats Laugh When They're Tickled. ...
- You're More Likely to Laugh Around Others – Not Because of Jokes. ...
- Your Brain Can Detect Fake Laughter. ...
- Laughter Is Contagious. ...
- Jokes Are Funnier if You Know the Comedian.
- Laughing Burns Calories. ...
- Laughing Is Good for Your Relationships.
- Laughter Requires Timing
- Laughter is Attractive
- Some Things Can Virtually Make Anyone Laugh

### \*Digging Deeper:

- Laughter is Good For Your Memory
  - Laughter Enhances Immunity, Improves Sleep, and More
  - Laugh Each and Every Day
- \*Memory Verse:** Luke 5:26 Common English Bible (CEB), **26** *All the people were beside themselves with wonder. Filled with awe, they glorified God, saying, “We’ve seen unimaginable things today.”*
- \*UMC Lesson of the Week:** By making religion vital Methodism also made it joyful. That great theologian Dr. R. W. Dale, who, though a Congregationalist, was nevertheless a great Methodist theologian, says that “when the great revival began, the religious life of England, its best life, was wanting in buoyancy, courage, vigor, adventure; and even among devout men, that joy of the Holy Spirit, which can never be known apart from the certainty of personal salvation, was not general.”
- \*Further Study Read:** "Reclaim the Spiritual Power of Humor - Laugh Your Way to Grace." By Rev. Susan Sparks - ISBN 978-1-59473-280-5
- \*Today's Spiritual Challenge & Question(s):** It is said that young children laugh as much as 100 to 200 times a day, compared to a large majority of adults who only get zero to several daily laughs. Yet laughter is good not only for the body but also for the soul and Spirit. When are you going to start giving yourself permission to laugh?

**Remember Rule #62: "Have Fun & Learn to Laugh a Little"**

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